






## Thank you for taking part in CATS

If answering any of the questions has made you feel upset or distressed and you would like to talk to someone from the CATS research team, you can call:  
Lisa Mundy, Project Manager on (03) 9345 6732

Alternatively you can contact:

	<i>24 hour crisis support</i>	13 11 14
	<a href="http://www.parentline.com.au">www.parentline.com.au</a> <i>Counselling and support for parents/carers</i>	1300 301 300
	<a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a> <i>Depression and anxiety support</i>	1300 224 636

Or try some of these resources:

	<a href="http://www.1800respect.org.au">www.1800respect.org.au</a> <i>Sexual assault family violence counselling</i>	1800 737 732
	<a href="http://www.familyrelationships.gov.au">www.familyrelationships.gov.au</a> <i>Relationship or separation issues</i>	1800 050 321
	<a href="http://www.directline.org.au">www.directline.org.au</a> <i>Alcohol and drug counselling &amp; information</i>	1800 888 236
	<a href="http://www.thebutterflyfoundation.org.au">www.thebutterflyfoundation.org.au</a> <i>Body image support</i>	1800 334 673
	<a href="http://www.mensline.org.au">www.mensline.org.au</a> <i>Support and information for men</i>	1300 789 978
	<a href="http://www.raisingchildren.net.au">www.raisingchildren.net.au</a> <i>Expert child health and parenting info</i>	1300 789 978
	<a href="http://www.esafety.gov.au/">www.esafety.gov.au/</a> <i>Advice about youth online safety</i>	



### Or to find a psychologist:

The Australian Clinical Psychology Association  
[www.acpa.org.au/find-a-clinical-psychologist/](http://www.acpa.org.au/find-a-clinical-psychologist/)