






# CATS The Childhood to Adolescence Transition Study

## Thank you for taking part in CATS

If any of the questions in the questionnaire have upset you, you can talk to your parents or teacher about it. If you prefer to talk to someone from CATS you can call Eliza Miller on (03) 9345 6732.

If you would like to talk to someone else, you can call or chat online:

 KidsHelpline	<a href="http://www.kidshelpline.com.au/teens">www.kidshelpline.com.au/teens</a>	1800 551 800
 headspace <small>National Health Service Health Foundation</small>	<a href="http://www.headspace.org.au">www.headspace.org.au</a>	1800 650 980
 youth beyondblue	<a href="http://www.youthbeyondblue.com">www.youthbeyondblue.com</a>	1300 224 636

You also might like to try...



[www.thebutterflyfoundation.org.au](http://www.thebutterflyfoundation.org.au)  
*Foundation for eating disorders*

1800 334 673



[www.1800respect.org.au](http://www.1800respect.org.au)  
*Counselling service*

1800 737 732



[www.burstingthebubble.com](http://www.burstingthebubble.com)  
*Trouble at home*



<https://au.reachout.com/identity-and-gender/>  
*Information about sexuality and gender*



[www.lovegoodbadugly.com](http://www.lovegoodbadugly.com)  
*Love and relationships*

cyber(smart:)

[www.esafety.gov.au](http://www.esafety.gov.au)  
*Staying safe online*

DrinkWise.

<https://drinkwise.org.au/>  
*Information about underage drinking*